

JOURNEY

COUPLE'S CONNECTION

90mins \$250 per person

Couples massage – Booster Facial

Escape into your own private sanctuary together, allow time to stand still and be indulged. Your dual treatments combine a designer facial, together with Swedish Massage. Be taken on a sensory journey, that soothes the senses, calms the mind and relaxes the body.

FACE AND BODY SENSATION

Massage – Foot Scrub and Massage – Booster Facial.

90mins \$230

An indulgent back and legs massage incorporating hot stones will relieve stress and tension and induce you into a deep level of relaxation, calming your body and mind. Your feet will be then treated to a luxurious foot scrub and massage. To finish this body sensation you will be then treated to a Essence Facial.

ELEMENTAL INDULGENCE

Back Massage – Body Scrub – Booster Facial.

90mins \$230

This ritual commences with a stress relieving back massage, followed by a full body exfoliation with the warmth of hot towel compresses. The body will then be indulged with a personalised body lotion, to be followed by an Essence Facial.

ABSOLUTE SPA RITUAL

Massage, Facial

120mins \$300

Escape to that blissful place of pure relaxation with this indulgent ritual. Experience The Well Being Massage customised for you to reduce tension, restore your wellbeing and soothe tired and aching muscles back into condition with the power of touch and your personal Aveda aroma blend. Followed by a personalised Essence Facial to repair and rejuvenate your skin.

KING FOR A DAY

Back treatment – Foot scrub & Massage – Booster Facial and Head massage.

90mins \$240

A day fit for a King will begin with a Facial for the back, the hard to reach area of your back is tended to during this deep cleansing masque and massage, incorporating hot stones. Shoulders, neck and back are purified and refined to ensure well cared for skin all over. Your feet will be then treated to a luxurious Foot Scrub and Massage. To finish this body sensation is a Essence Facial together with a stress relieving Head and Scalp Massage.

PREGNANCY

(Available from second trimester)

DE STRESS & REJUVENATE

Massage – Booster Facial – Foot Pamper

2hrs \$320

Begin this indulgent treatment with our Mother to Be pregnancy massage, then relax into a foot pamper that includes soak, exfoliation, file and buff so you're ready for baby's arrival. To finish we pamper you with our Nature Essence Facial. Pure bliss.

MOTHER NURTURE

Massage – Facial

2hrs \$310

Escape to that blissful place of pure relaxation with this indulgent ritual. Mother to Be Massage, customised for you to reduce tension, restore your well-being and soothe tired and aching muscles back into condition with the power of touch. Followed by a Nature Essence Facial to repair and rejuvenate your skin.

MOTHER TO BE MESSAGE

Pregnancy Massage

60mins \$175

Connecting mother and baby through the power of touch, working with two heartbeats as one. Relieves tension in the back and alleviates swelling.

IV DRIP

IV Drips available within the Spa at Salt through our partner VTMN DRIPS

see their full menu on our website.



THE SPA AT SALT

TREATMENT MENU

02 6674 3233

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2 Bells Boulevard Kingscliff NSW

ELEMENTS LOUNGE

Designed to present a complete experience, come immerse yourself in our mindfully created Elements Lounge that has been based on mother nature's key elements, Air, Water, Fire, Earth & Light. You will receive two complimentary alcoholic or non-alcoholic drinks and we provide you with a robe and towel

Day Sip & Lounge \$99 3hr session

Infrared Saunas, Magnesium Hydrotherapy Spa, Salt Room, LED Light therapy & Altitude Lounge (altitude open 9:30am-12pm)

Afternoon/Evening \$49 2hr session

Mon-Thurs 5-7pm / Fri-Sat 3pm-5pm / Sun 2-4pm
Infrared Saunas, Magnesium Hydrotherapy Spa, Salt Room

Add On Elements Lounge

\$25 with a booked treatment

2hr session Spa, Salt room and Sauna only.

Add On LED Light Therapy

\$45 per 20min session / \$35 as add on to any treatment

MASSAGE

SWEDISH MASSAGE

30mins \$100 | 60mins \$155 | 80mins \$195

Gently soothing to all senses and complete body relaxation. Using traditional Swedish Massage techniques stimulating the soft tissue and muscles, calming nerves and improving overall circulation.

WELLBEING MASSAGE

60mins \$165 | 80mins \$215

A sensory journey from the souls of your feet to the crown of your head. The massage will reduce tension, restore your wellbeing and coax tired and aching muscles back into condition with the power of touch. Body brushing and this massage will reduce tension and restore your wellbeing with the power of touch.

HOT STONE THERAPY

60mins \$190

Absolute relaxation to warm the soul. Alternating hot and cool stones comfort, de-stress and melt muscle tension.

REMEDIAL MASSAGE

60mins \$175 | 80mins \$225

A firm technique is adopted that is excellent for treating specific musculoskeletal problems and injuries. This massage incorporates the combination of sports and advanced massage.

DEEP TISSUE MASSAGE

60mins \$175 | 80mins \$225

Using firm pressure through deep tissue massage, your therapist will focus on tightness and areas of restricted movement over the entire body. This massage relies on deep breathing and works deep into the muscle to release adhesions and tightness while strengthening each muscle back to its original length and assisting in releasing tension and stress.

FACIALS

NATURES ESSENCE FACIAL

30min \$110 | 60min \$160

A focused treatment customised to target your skin's needs. Based on Aveda's Elemental Nature Philosophy, allow our experts to personalise products, essential oil aromas and facial techniques to address your specific skin concerns. From dry to sensitive to oily skin, you'll experience a truly personalised treatment for the skin.

DUAL EXFOLIATION TREATMENT

60mins \$185

7 Phases of exfoliation to improve skin texture, clarity and radiance. Using innovative techniques, this treatment combines naturally derived mechanical and biochemical exfoliation methods into one powerful service that transforms and rejuvenates the skin through the process of dual exfoliation. The Dual Exfoliation Treatment is the latest advancement in non-invasive, skin renewing treatments.

RADIATE & SHINE VITAMIN C FACIAL

60mins \$190

The multi-faceted high performance of the Vitamin C Complex and the multi-phase Transforming Emulsion Technology of the Transforming Massage Masque work synergistically together through the delivery of Aveda's signature 5 Phase Transforming Massage, including lymphatic drainage. This powerful combination of advanced plant technology and massage therapy, delivers instant skin hydration, smoothing the appearance of fine, dry lines and brightening the skin leaving it looking radiant.

PERFECTING PLANT PEEL™

60mins \$190

We combine some of the dual exfoliation treatment into this plant peel. Botanical alternative to Glycolic Peels, advancing the science of chemical peels. This professional facial treatment helps re-texturise skin, smooth fine dry lines, refine the look of pores and restore radiance. Safe for acneic skin conditions, the Perfecting Plant Peel™ can be performed as a standalone treatment any time the skin needs exfoliation and radiance benefits.

BODY

BODY BLISS

Back Massage / Body Scrub – 60min \$170

This indulgent spa journey commences with a relaxing back massage, where your stresses are massaged away. A smoothing polish to renew your body followed by a nourishing and heavenly body lotion.

DEEP CALM

Massage / Facial - 60mins \$170

This indulgent back massage will relieve stress and tension and induce a deep level of relaxation, you will then be treated to an intense booster facial designed for maximum results in minimum time.

BODY RELAX

Massage / Foot Pamper - 60mins \$170

For those who love the indulgence of massage, your spa journey will start with an indulgent foot pamper including soak, exfoliation and massage. Then the journey continues with a gentle neck, back and shoulder massage.

FACE & SOUL

Facial / Foot Pamper – 60mins \$170

A journey for glowing skin and to warm the soul. Your indulgent spa journey starts with an intensive booster facial and finishes with a soul warming foot pamper including soak, exfoliation and massage.

NATURE MANICURE

50mins \$115

Allow the hands to regenerate with an exfoliating scrub, massage and mask, all created with your personal Aveda scent. The nails will be trimmed, filed and conditioned to reveal heavenly hands. Leaving nails buffed and shiny.

NATURE PEDICURE

50mins \$115

Commencing with a personal aromatic foot soak, exfoliation and the application of a foot mask, your feet will be buffed and walking on cloud nine. A foot and calf massage with your personal Aveda blend will be treated to your feet after the nails are trimmed, filed and conditioned satisfying the soul.

AQUA SALT GLOW

80mins \$220

A refinement of the whole body. Using Aqua Therapy Salts and the warmth of hot towel compresses, your skin will be cleansed, polished and softened. Your body and mind will then be treated to a massage to alleviate any stresses, personalised with your chosen scents.