

<b>Baked Sausage and Eggs</b>	<b>\$22</b>
<i>Italian Sausage, free range eggs, sugo, spices, spinach and cheese</i>	
<b>EBP (Egg &amp; Bacon Panini)</b>	<b>\$16</b>
<i>Free range egg, bacon, Relish on house made panini</i>	
<b>+ Add cheese \$2.5</b>	
<b>Any which way</b>	<b>\$15</b>
<i>Free range eggs (scrambled, fried, poached, boiled) with sourdough bread</i>	
<b>Sides:</b>	<b>\$4.5ea</b>
<i>spinach, sautéed tomato, sautéed mushrooms,</i>	
<i>Italian sausage, Bacon, Potato rosti</i>	
<b>Banana Bread</b>	<b>\$9</b>
<i>Served with butter</i>	
<b>Fruit Salad</b>	<b>\$12</b>
<i>Seasonal Fruits served with greek yoghurt</i>	
<b>Granola and Yoghurt</b>	<b>\$16</b>
<i>Served with a mix of dried and fresh fruits and mixed berry coulis</i>	
<b>Coconut Chia Seeds</b>	<b>\$16</b>
<i>Served with fresh fruit and berry coulis</i>	
<b>Ham and cheese croissant</b>	<b>\$12</b>
<b>Porridge</b>	<b>\$15</b>
<i>cinnamon spiced oats, sliced banana, strawberries and toasted coconut</i>	
<b>Balance Bowl</b>	<b>\$18</b>
<i>Kale, broccoli, quinoa, avocado, poached egg, dukkha, crumbled feta</i>	

<b>Breakfast Bruschetta</b>	<b>\$16</b>
<i>Sourdough, avocado, cherry tomato, red onion, balsamic glaze, basil</i>	
<b>+ Add poached egg \$3.5</b>	
<b>Corn and Zucchini Fritters</b>	<b>\$20</b>
<i>served with avocado, crispy kale, romesco and sauteed tomato</i>	
<b>+ Add poached egg \$3.5</b>	
<b>Italian Benedict</b>	<b>\$20</b>
<i>Poached eggs, prosciutto, pesto hollandaise, served on English muffins</i>	
<b>Italian Baked Beans</b>	<b>\$18</b>
<i>Cherry tomatoes, garlic, sage, roast capsicum, spinach, white beans, sourdough</i>	
<b>+ Add poached egg \$3.5</b>	

## *Hot Drinks*

Chai Latte	<b>\$5</b>
Hot Chocolate /White Hot Chocolate	<b>\$5</b>
English Breakfast, Earl Grey, Green, Peppermint, Chamomile, Lemon	<b>\$5</b>
Flat White, Cappuccino, Latte, Piccolo, Macchiato	<b>\$5</b>
Long Black, Espresso	<b>\$4.5</b>
Extra Shot	<b>\$.5</b>
Alternative Milks: Soy, Almond, Lactose Free, Oat	<b>\$.5</b>

## *Cold Drinks*

Mimosa	<b>\$11</b>
<b>Juices</b>	
Orange, Apple, Pineapple, Cranberry	<b>\$5</b>